

Useful Numbers

We understand that holidays can be a difficult time if you are in an emergency, please call 999.



Out of Hours

Samaritans: 116123

Night Stop (Emergency Accommodation): 01452331330

Gloucester Self Harming: 08088010606 text: 07537410022

Papyrus – Suicide: 08000684141

Anxiety UK: 03444775774 text: 07537416905

GCH: 01452 424344

Childline: 08001111

Young Minds Crisis Messenger text: YM to 85258

FRANK (Drugs Advice): 0300 1236600 text: 82111

Social Services: 01452 614194

Foodbanks: 07715413938