



Hollie Gazzard Trust

School and College

Training and Workshops



The Hollie Gazzard Trust

When Hollie Gazzard was horrifically murdered by a former partner in February 2014, her family wanted something positive to come out of their tragic loss. Hollie had experienced domestic abuse and stalking, prior to being fatally stabbed at her place of work.

Hollie's death led her parents, Nick and Mandy, and her sister, Chloe, to form the Hollie Gazzard Trust in order to raise awareness of domestic abuse, stalking, and sexual harassment and to promote healthy relationships. The Trust helps to reduce these issues through creating and delivering training and workshop programmes to schools and colleges.

We want to help young people to enjoy a safe and happy childhood, and to prepare them for situations that they may face as young adults. We work closely with many schools to educate our young people about these issues. We are also focused on personal safety, which we promote through the use of Hollie Guard - our free personal safety APP that currently has over 500,000 users.

Here we outline our programme for schools. This programme will ensure that your students receive important information and education that will help them to make informed choices about relationships as they move towards adulthood. It allows us to meet your students at the start of their secondary school experience, and introduce ourselves as a trust, and then to return each year to educate them further on ways they can keep themselves safe.



KS3 PROVISION

An Introduction to the Trust

This is a 45-60 minute assembly presentation that covers Hollie's story, the creation of the trust and its work, including Hollie Guard - our free Personal Safety APP. What happened to Hollie was unthinkable. It is important that we educate young people about healthy relationships. We also need to alert them to the signs of unhealthy relationships and the dangers they present. This presentation uses Hollie's tragedy as a means of sharing these messages. We want to help your students to know what to look out for and what can happen when things go wrong.

We explain what happened to Hollie and how the family turned this awful tragedy into something positive with the creation of the Hollie Gazzard Trust as Hollie's legacy. The students should be able to go away from this session with an idea of what an unhealthy relationship may look like and how to get help. They will also know how to download and use Hollie Guard, thus helping to keep themselves safe.

Online Safety

Online Safety is a 45-60 minute assembly presentation that covers the following: what we should/shouldn't share online, online gaming, chat rooms, social media, cyber-bullying, grooming, online wellbeing, phishing, smishing and safe passwords. It is important that we help to educate young people to the dangers of online predators and the risks they present. This presentation uses a range of videos from reliable sources to help embed the messages we are giving to the students. We also provide a resource pack for teachers to follow up with the students or to send home with them to be completed with their parents.

Knife Crime

Knife Crime is a 45-60 minute presentation that is best suited to a single lesson. The presentation focuses on reasons why people might carry knives, the law around knives, statistics on knife crime within Gloucestershire, information on the ripple effect and joint enterprise. We encourage student participation. We also explain how students can report knife crime anonymously with [fearless.org](https://www.fearless.org)

Active Bystander

As members of society, we are all bystanders to events on a daily basis. Some of these events are unacceptable and need challenging. In this 60 minute presentation we discuss the need for intervention and how we can do this safely, offering students a range of skills to give them the confidence to challenge situations they may find unacceptable.

Healthy Relationships

A 60 minute workshop that covers all elements of healthy relationships.

Many young people do not understand what a healthy relationship is. Often, those in abusive relationships have simply accepted that the issues they face on a day-to-day basis are normal. However, there is evidence to suggest that with guidance and education we can raise awareness of unacceptable behaviours and provide young people with the tools to avoid or escape abusive relationships.

This workshop explores healthy relationships and includes exercises on spotting the signs of an unhealthy relationship: identifying the Key Risk Indicators which are vital for early intervention. It will also cover how to converse with someone suffering and what action can be taken. Finally, we look at Clare's Law and we recap Hollie Guard.

Rethinking Masculinity - coming in January 2024

TBC - this workshop is being researched and developed ready for delivery in 2024.

The topic of raising caring, respectful boys has become one of concern and interest for many parents and professionals. and young men. Parents and professionals are keen to find ways to raise boys to be connected, happy and respectful men. This training will provide practical guidance around some of the issues that young men face - expectations placed upon them, stereotypes that they have to live up to and the impact that this has on their sense of self, mental health and physical and emotional well-being. We will consider ways that boys and men can be empowered to make positive choices for themselves and in turn for those around them.

KS4 and KS5 PROVISION

Coercive Controlling Behaviour

A 60 minute workshop that covers all the elements of Coercive Controlling Behaviour.

Coercive Control is a form of domestic abuse used by one individual to abuse and control another. Coercive behaviour is an act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten a victim.

In this workshop we discuss the different types of coercive controlling behaviour, including definitions. We explore in detail abuser behaviour and the range of tactics an abuser might use. We look at how to identify when this is happening, the importance of early intervention and what action can be taken. We also look at changes to the Serious Crime Act making Coercive Control an offence.

Active Bystander: Sexual Harassment

In 2018 66% of girls aged 14-21 in Gloucestershire said they had experienced unwanted sexual attention/harassment in a public place which is why it is so important that we speak to young people about sexual harassment.

This is a 60 minute workshop that discusses the following questions:

What is sexual harassment?

Who does it happen to?

Why does it exist?

And finally, what can we do to combat sexual harassment?

This is an interactive session which delves in to the world of modern culture and the media, exploring how they influence us to think in a certain way or expect a particular outcome from our interactions. We will consider how the individual experiencing sexual harassment may feel and the impact that it can have on them. We discuss the law and legal implications for those who do harass others. We also bust myths around sexual harassment and demonstrate how these are so harmful when they are believed. Finally, we explore ways in which we can combat sexual harassment and help to change those with undesirable attitudes and beliefs.

Stalking

A 60 minute session that covers a comprehensive insight into stalking, including what stalking is and the effect on the victim. We also consider the effect on a victim's family and loved ones, and offer advice on how to safely support someone you may suspect of being a victim.

The workshop will be delivered as an in-depth presentation consisting of Hollie's story, an overview of stalking, including types of behaviour, different profiles of stalkers and current legislation. We will look at why early identification and intervention is vital. We will then delve into safeguarding the victim and what action can be taken through safety planning.

Rethinking Masculinity

TBC - this workshop is being researched and developed ready for delivery in 2024.

The topic of raising caring, respectful boys has become one of concern and interest for many parents and professionals. Gender expectations, power, cultural norms and harassment, are being discussed openly, in unprecedented ways. Women and girls have long been encouraged to challenge traditional gender stereotypes, but the messages we are giving to boys and men have largely stayed the same. The influence of media, society and cultural expectations are causing untold damage to many boys. Parents and professionals are keen to find ways to raise boys to be connected, happy and respectful men. This training will provide practical guidance around some of the issues that young men face - expectations placed upon them, stereotypes that they have to live up to and the impact that this has on their sense of self, mental health and physical and emotional well-being. We will consider ways that boys and men can be empowered to make positive choices for themselves and in turn for those around them.

All workshops and assemblies will include a Teacher Resource Pack with ideas and examples of follow up activities that can be scanned or photo copied to be completed with the students.

We have attached a poster which provides information about our annual fundraiser - Purple HollieDay. This event takes place each year, on the first Friday in July. Our aim is to remember and celebrate Hollie's life, whilst at the same time raising vital funds for our charity. If you are able to make this event to your school calendar and #GoPurple for Hollie we would be very grateful.



PURPLE HOLLIEDAY #GOPURPLE

What is Purple HollieDay?

Purple HollieDay is the Hollie Gazzard Trust's **annual day to celebrate Hollie Gazzard's life** and takes place each year on the first Friday in July, Hollie's birth month. Hollie was a fun-loving young person, with a zest for life and a passion for hairdressing.

Tragically Hollie had experienced domestic abuse and stalking prior to being fatally stabbed by an ex-partner at her place of work.

Purple HollieDay celebrates the joy for life that Hollie had; we encourage you to be creative and have fun as you **#GoPurple** to raise vital funds to support the **Healthy Relationships Workshops** we offer to schools and colleges.

Purple HollieDay is a day for Hollie, but it is also a special day for all of us to think about how we would like to be treated in our relationships.

Get involved!

Purple HollieDay takes place all day on the first **Friday in July** in schools, colleges, workplaces, homes, and other organisations.

On Purple HollieDay you can join with friends, family, work colleagues or fellow students to **#GoPurple** and raise funds for our transformational work to address domestic abuse and stalking.

- Going purple for Purple HollieDay enables you, your team and students to work together towards a common goal; fantastic for team building
- Being part of Purple HollieDay, and helping raise vital funds to support our education and training, will give you and your team a huge sense of achievement
- Your involvement in Purple HollieDay will help raise awareness of the importance of healthy relationships
- Your fundraising will support our Healthy Relationships Workshops in schools and colleges, making a real difference to young people's futures